

Day Spa Booking Procedures

Please book in advance to be guaranteed an appointment. Please arrive 10 minutes prior to your scheduled appointment, so that your intake form can be completed and your treatment discussed. Please be punctual ... arriving late may necessitate a shortened treatment.

We do not provide Health Fund Rebates.

All the below prices are per person.

Massage Treatment Menu

- 35 minutes \$75
- 60 minutes \$125
- 90 minutes \$180
- 2 x 35 minute treatments \$145
- 90 minute combined massage/facial \$185

“Pregnancy massages are catered for.”

- **Swedish Massage** [light pressure] ... A light relaxation massage ... 35 – 90 mins
- **Therapeutic Massage** [medium pressure] ... Want a massage that works on the knots, but keeps you in a relaxing state of mind ... 35 – 90 mins
- **Remedial Massage** [firm pressure] ... For the person who's used to getting a stronger and deeper massage to prevent a build up of, and release the tension in the body ... 35 – 90 mins
- **Deep Tissue Muscle Therapy** ... constantly feel tight or sore in a localized part of a muscle of the body, and really in need of a deep work out ... then this could be for you ... 35 – 60 mins
- **Hot Stone Massage** ... Here we combine oil massage (therapeutic or remedial, depending on your preference), with hot stones. The massage loosens tight muscles, and the heat from the stones melts the tension away ... 90 mins only
- **Exquisite Head & Face Massage** ... Feel yourself floating away with this totally relaxing head and face massage ... 35 mins
- **Foot Reflexology** ... the feet are a mirror for the body ... finger walking over the soles of the feet, stimulates other parts of the body ... relax and enjoy ... 35 – 60 mins
- Healing Foot Soak followed by a **Foot Exfoliation & Massage** ... Our precious feet work hard for us, they deserve a little TLC ... and will absolutely love this treatment! ... 35 mins

Facials, Body Exfoliations & Wraps

For our Facials, Body Exfoliation and Therapeutic Wraps Treatment Menu we use Algologies natural sea algae range of products, as well as Wendy Christina's Premium Skincare Range using 98% natural and 75% Australian certified organic ingredients.

Full Body Exfoliation & Polish ... 60 minutes \$125

In the same way as we cleanse and exfoliate our faces, we also have the opportunity to treat our entire body with a sea salt exfoliation; algae gel massage; and a body polish.

Facials Menu

For your **FACIAL** we will choose the products that best suit your skin type. We cater to sensitive; normal; dry; aging; and oily-acne skin types. Our facial masks and products aim to hydrate; remineralise; moisturize, and/or calm your skin.

• **35 minutes \$75**

• **60 minutes \$125**

• **75 minutes \$155**

• **Your 35 minute facial includes a cleanse; tone; exfoliation; brief face massage; mask; and a moisturizer.**

• **Your 60 minute facial includes a double cleanse; tone; seaweed exfoliation with a hand or foot massage; face and neck massage; mask with a head massage; and a moisturizer.**

• **Your 75 minute facial includes a double cleanse; tone; seaweed exfoliation with a hand or foot massage; face and neck massage; mask with a head massage; eye and face serum boosters; and a moisturizer.**

Therapeutic Body Wraps ... 110 minutes \$220

Based on organic algae, essential oil, and specialized body blends your wrap works to detoxify; remineralize; nourish; rehydrate and calm your body. Your wrap includes a full body sea salt exfoliation; an algae gel massage; an algae based clay mask (once the mask is applied, we wrap and cover you for up to 30 minutes, allowing the combination of the heat and mask work into your skin and joints), and then we unwrap you, and after your shower, we finish with a full body polish.

Upgrade ... A 30 minute facial whilst you're wrapped is \$65 when incorporated with your Body Treatment.

Beauty Treatments

Manicures & Pedicures are only available as part of the Rejuvenating Half Day, or Full Day Spa Packages.

- Mini Manicure ... Finger Soak, Cut, File & Shape, Polish
- Spa Manicure ... Finger Soak, Cut, File & Shape, Hand Massage, Hand Mask, Polish
- Mini Pedicure ... Soak, Exfoliate, Cut, File & Shape, Polish
- Spa Pedicure ... Soak, Exfoliate, Cut, File & Shape, Foot Massage, Foot Mask, Polish

Lash & Brow Tinting & Waxing is available as part of the Rejuvenating Half Day, or Full Day Spa Package, or as an additional treatment, but not as a stand alone treatment.

- Lash Tint \$25
- Brow Tint \$20
- Lash & Brow Tint \$40
- Brow Wax \$30
- Lip or Chin Wax \$15
- Brow Wax, Tint & Contour \$50
- Lash Tint, Brow Wax, Tint & Contour \$65